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Michael Shelford

# Alice Sanders

<b>Location:</b>	Greater London, United Kingdom	<b>Eye Colour:</b>	Green
<b>Height:</b>	5'8" (172.7 cm)	<b>Hair Colour:</b>	Blond(e)
<b>Playing Age:</b>	26 - 35	<b>Hair Length:</b>	Long
<b>Appearance:</b>	White		

## Film

2022, Film, Charlotte, The Mont, Berty Cadilhac  
2020, Film, Kat, Roller Squad, Berty Cadilhac  
2019, Film, Helen, Granada Nights, Abid Khan  
2018, Film, Spinning Jenny, How to Talk to Girls at Parties, John Cameron Mitchell  
2017, Film, Chloe Paulson, Trendy, Louis Lagayette  
2013, Film, Mel, Powder Room, M.J. Delaney

## Television

2014, Television, Fleur Baudin, The Musketeers, BBC1, BBC America, BBC Worldwide, Richard Clark  
2014, Television, Fox, Foxtrot, Sky, Sprout Pictures, Polly Stenham  
2014, Television, Poppy St John, Law & Order, ITV, Joss Agnew  
2013, Television, Cindy, Lightfields, ITV, Damon Thomas  
2012, Television, Bailey, New Cross (Coming Up), Channel 4 Television, David Stoddart

## Stage

2014, Stage, Mouse Colby, The Colby Sisters of Pittsburgh, Pennsylvania, The Tricycle Theatre, Trip Cullman  
2011, Stage, Jane Maitland, Inadmissible Evidence, Donmar Warehouse, Jamie Lloyd

## Accents & Dialects: (\* = native)

Suffolk, London\*, West Country, French, Bristol, RP\*, Russian, German, American-Southern States, Somerset, Essex, American-California, East European, American-Standard, Heightened RP, Finnish

## Languages: (\* = Native/Fluent)

Spanish, English\*, Finnish

## Music & Dance: (\* = highly skilled)

Drums, Clarinet, Saxophone, Singing (general)

## Performance:

Comedy, Comedy Improv, ADR-Additional Dialogue Recording

## Sports: (\* = highly skilled)

Swimming, Pilates\*, Resistance Training\*, CrossFit, Horse-riding, Weight Training\*, Yoga, Ice Skating, Fitness Instructor (qualified)\*, Running\*

**Other Skills:**

Writer, Pilates (qualified matwork instructor), Improvisation

**Training:**

BA (Hons) in Philosophy at University College London

MA in Screenwriting at Birkbeck (ongoing)

Qualified Level 3 Personal Trainer, Level 2 Fitness Coach, & T3 HIIT training coach

Barre pilates instructor